



## Reflection Template

### Materials Needed:

SFGate article  
Grocery Shopping list from Project Open Hand

### Learning Objectives:

1. Students will explore the Tenderloin markets and stores to understand the availability and unavailability of food.
2. Students will understand the challenges residents experience in terms of food scarcity.
3. Students will think deeply about the assets the Tenderloin offers to residents and community members.

### Overview:

Introduction: Directions for activity (5 minutes)

- Describe purpose: learning about food scarcity in the Tenderloin community as the article I sent you alluded.
- Hand out Project Open Hand grocery lists: all of this is healthy food. Try to find as many of the stuff as you can small groups in the neighborhood stores. Do not worry if you cannot find everything.
- Note the cleanliness of the environment of the store, the freshness, cost, of food, and number of stores you visited.
- If a shop owner gives you a hard time, respectfully leave.

Scavenger hunt for healthy food (30 minutes)

Discussion of findings (25 minutes)

### Discussion Questions:

1. Were you able to find all of the items on the list? If not, what was the most difficult kind of item to find? Were certain groups of the food pyramid (i.e. meats vs produce) more difficult to find?
2. What were the most difficult types of food to find?
3. What kind of stores did you go to? Did you notice different types of stores, or were all of them small markets and liquor stores?
4. How many stores did you go to?
5. Why do you think some items were easier to find than others?
6. How did the store owners/staff react to you?
7. How was the environment of the stores? Clean? Welcoming?
8. What was the quality of the food, particularly produce?
9. Were there a lot of options in produce? Why do you think that is? Would you eat the food here? Why or why not?
10. What surprised you about this activity, positive and negative?
11. What was the most available and popular items in these stores?
12. What would some of the challenges be of shopping here as a Tenderloin resident?
13. How do you think residents individually, or if you were in their shoes, address the lack of options for food?
14. What are some of the assets of small, corner store shopping?
  - a. prompts: community
  - b. local
  - c. ease of access
14. Why do you think there are not grocery stores in the Tenderloin? What does this mean about the neighborhood?
15. How would having a grocery store help? Hurt?
16. What are the assets of the Tenderloin community? How do you think these assets can address food scarcity?
  - a. strong sense of community
  - b. central location: many bus lines, close to downtown, walkable

- c. very diverse community: wide food options across cultures
- d. Nonprofits: POH, ECS, St, Anthony's, St.Vincent de Paul
- e. Frequent farmers markets in UN Plaza that take EBT
- f. Tenderloin Community Garden
- g. Internally generated change: Radman's and beyond

### Results:

This was a really great activity that got students engaged. I heard from several of them that they enjoyed it quite much. They came up with a lot of great ideas for the assets of the community.

### Suggested Modifications:

I have no modifications. I think it went really well.